

ENLIVEN PHILOSOPHY

CHOICE

Making your own choices and decisions

CONTRIBUTION

Encouraging active participation in your community

RELATIONSHIPS

Develop and continue connections with community and family/whānau

ACTIVITY

Being actively engaged in your interests, hobbies and activities

DIGNITY & RESPECT

Knowing you will be treated with dignity and respect

SAFETY & SECURITY

Living in safe and secure surroundings

SOME THINGS MAKE FOR HAPPIER, HEALTHIER LIVING NO MATTER WHAT YOUR AGE OR ABILITY

A sense of community, friends, family/whānau, giving and receiving, making decisions for yourself, and most of all, practical support when you need it.

At Enliven we work alongside you and your family to achieve these things. Enliven is part of Presbyterian Support Southland, a not for profit organisation.

CONTACT US

To find out more contact us today.

Invercargill

Enliven Community Services Manager
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Invercargill
☎ 03 211 8253

Gore

SupportLink Co-ordinator
Hokonui House
Cnr Crombie & Main Streets, Gore
☎ 03 208 0864

Wakatipu

SupportLink Co-ordinator
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Terrace Junction, Frankton,
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enliven
PRESBYTERIAN SUPPORT SOUTHLAND

SupportLink

Supporting you at home



WHAT IS SUPPORTLINK

SupportLink is a community service that offers assistance to older people living in their own home.

We offer different types of assistance depending on an individual's needs, and can assist with;

- Transport to appointments
- Access to social activities
- Help with shopping or groceries
- Access to coffee clubs with people of a similar age
- Regular friendship or companionship
- Supporting older people while spouses or carers take time out

COST

This is a free service that is provided by trained volunteers who generously give their time. However, as this service is run by a charitable organisation, people are welcome to give a donation if they choose.



WHO IS IT FOR?

SupportLink is for older people living in their own homes who are experiencing challenges that make living on their own more difficult. Supportlink helps people maintain their independence by offering a helping hand as well as providing companionship and friendship.

ABOUT OUR VOLUNTEERS

Our volunteers range in age and come from all walks of life. They are dedicated individuals who are there to offer support and recognise that by giving a little of their time they can provide a worthwhile experience.

“Coffee group members often say it is the only time they see some of their friends now they are not driving. We often have trouble motivating them to go home”
- SupportLink Co-ordinator

“I couldn't manage without her. She is the highlight of my week”
- Wakatipu SupportLink Client

