



Presbyterian Support
Southland



PeopleMatters

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Celebrated



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for PSS



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Roll Out Across
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PLUS Help for Young Parents • PSS In Full Waiata • Christmas Quilts *and more*

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Help for Young Parents

A new app is set to offer a helping hand to young parents in Southland

Help for young parents is now just a touch of the screen away, thanks to the new Baby & You App created by Family Works staff, young parents and other professionals.

From midwives to maternity leave, safe sleeping to support services, the App - supported by Tindall Foundation funding - has more than 120 topics and links to relevant information and websites. Where possible, information is localised to Southland.

Family Works Manager Dawn Lloyd said a huge amount of work has gone into the App's development and while it was designed with young parents in mind, it would be useful for any new parent.



"Lorna and I met and set up focus groups with young parents at Murihiku Young Parents' Learning Centre (MYPLC) and professionals in the community to see what they thought young parents needed to know," she said.

"Many hours of work have been spent between the focus groups, accessing appropriate websites, design and development, trialling, reviewing and making necessary changes."

The App was developed by Alex Walter, the partner of one of Dawn's former foster children, who used it as a final project as part of his IT studies.

Initial feedback from young parents and midwives had proved hugely positive.

The final touches are currently being made to the App and in our next newsletter we will provide details on how you can download it. Watch this space.

Special Birthday Celebrated



A celebration with family and friends and a card from the Queen marked a special birthday for Isa Burgess-Matthews, who turned 100 in January.

Alongside family and friends, she celebrated the occasion from her home at Vickery Court.

Isa is a born and bred Southlander, born to a farming family at Spar Bush in 1916. Farming has played a large part in her life; going on to work on the farm when she finished primary school. She married at 20 and, with her then husband Tom Burgess, they brought up their four children on a 200 acre property in Northope. She was married again at 70 to Sam Matthews.

New Trust Member for PSS

From aviation to agriculture, pastor to photographer, PSS new Trust Member Tony Dawson is set to bring a wealth of experience to the organisation



*New PSS Trust Member
Tony Dawson*

Tony Dawson has a number of connections with PSS. He is the pastor at Richmond Grove Church, has a parent living at Walmsley House and he knew former PSS Trust Member Merle O'Donnell well before her recent passing.

It was Merle - a parishioner at Richmond Grove - who suggested he join the PSS Trust and it was an opportunity he leapt at.

"When Merle became ill she encouraged me to make that move. She became a mentor to me in recent years and had grown to become a close friend," Tony said.

"I had been thinking about how I might

invest in my community in a way that was valuable and meaningful. PSS was an organisation I was already very interested in and one I thought I could make a contribution to."

Tony, a former pilot and commercial pilot instructor, brings a range of skills to the Trust, with business, management and governance experience in a variety of roles.

Tony and his wife live on a few acres outside of Invercargill and have two grown children. He is semi-retired, and enjoys fishing, hunting, writing and photography among other activities.

New Website

We are updating our website
Keep an eye out - it's due to go live at the end of March

Enliven Brand to Roll Out Across PSS Services for Older People

A new brand is set to align all of PSS Services for Older People and provide a vehicle to enhance and reposition our aged care services against national and international providers



The Enliven logo will sit across all PSS Services for Older People

PSS Services for Older People is preparing for a new look with the Enliven brand about to be launched across Southland.

While Presbyterian Support Southland will remain the parent brand for the organisation, PSS Rest Homes, Retirement Villages, Independent Living Options and SupportLink will all be rebranded to Enliven, similar to the way Child and Family Services of PSS were rebranded Family Works in 2005.

The Enliven brand has been adopted by Presbyterian Support regions nationally and is one PSS Marketing and Communications Manager Shelley Erskine says will strengthen

PSS's position in the market and align ourselves with the rest of the country.

"Enliven is about empowering older people, it's about giving them a voice, providing them with options and support for their future," she said.

"It's a strong brand that signifies making a positive difference in the lives of older people."

The new branding will be phased in over the next few months.

PSS in Full Waiata

PSS has a new waiata that draws on its values and the work it does in the community

PSS has long prided itself on being a bicultural provider and now it even has its own waiata.

"It's great to have a waiata to sing which supports our organisation - something that is personal to our organisation and about the work that we do," said PSS Cultural Advisor Louise Fowler.

"We take seriously the work that we do in building relationships with Iwi, looking after our staff who are of Maori descent and supporting staff to be more culturally aware. Now when we go to Marae and are welcomed during

the Powhiri process, we can respond with our own waiata. We can also use it at meetings or when we have people speaking. It brings that part of the Maori culture into our organisation."

The waiata was written by members of the Te Tautokotanga o Tatou Cultural Roopu, a group for staff of Maori descent within Family Works and PSS. It focuses on supporting whanau, building relationships with families and community organisations, and touches on the organisation's Charter.

A tune was composed by Family Works Social Worker Anna Kirkwood and it was

presented to staff at the last staff meeting of 2015 where it was well received.

"Now it's just a matter of staff learning it and singing it," Louise said.

Call PSS for free

You can now call PSS for free from landlines and mobiles with our new 0800 number 0800 707 808 which will connect you straight to Central Office, Family Works and SupportLink Invercargill staff. However, to contact PSS homes you will need to contact them directly.



Presbyterian Support
Southland



We are grateful for your support.
See reverse for how you can help.

Christmas Cheer at PSS

Christmas at PSS was highlighted by the generosity of others and celebrations across the organisation

Thank You

Many organisations contributed to food parcels this year with 50 parcels distributed to families by Family Works staff.

They included:

Maree Turnbull and Frank McCarthy of Otago Purchasing, Kaan's Catering Supplies, Craig's Poultry, Fonterra, Focus Technology, Plaza Supermarket, Crowe Horwath, Richmond Grove Church, St Stephen's Church, First Church, Invercargill North Rotary Club, Invercargill South Rotary Club, Sean and Kelli McGowan and the Invercargill Host Lions Club.

Elim Church also donated Christmas gifts.

Families involved with Family Works also benefitted from the H&J Smith annual Christmas tree appeal where shoppers purchased gifts for children, and the Salvation Army's Adopt a Family initiative. Several families also attended the Christmas Day lunch with Mayor Tim Shadbolt.

Family Works Programme Support Worker Carol Brown said the support from all corners was hugely appreciated.

Family Works celebrations

Family Works celebrated the festive season with clients and volunteers with a variety of fun activities.

Picnics were held for Foster Parents and families, along with Big and Little

Buddies in Invercargill, Queenstown and Gore. Family Start clients also enjoyed a brilliant day out with a bouncy castle, face painting and the chance to meet Santa.

Christmas at PSS homes

Plenty of planning and preparation goes into ensuring residents at PSS homes and their families enjoy the festive season. There were numerous activities in the lead up to Christmas at PSS homes (Peacehaven Village, Resthaven Village, Vickery Court and Walmsley House) as well as celebrations on Christmas Day itself.

At Peacehaven Village activities included a Santa singalong with other homes, a Christmas party for residents, staff singing carols, van trips to see the Christmas lights, and on Christmas Day partners and families joined residents to enjoy a traditional dinner and celebration.



Santa's secret message delivered. Clockwise from left: Father/Mother Christmas Kay Harper, Ruben McNatty, Christmas Fairy Shona Craigie and receptionist Yvonne Johnstone went around Peacehaven Village bringing presents and wishes to all.



Christmas Quilts

Harry, among some of the quilts given to families involved with Family Works at Christmas. Sixteen quilts were donated by McFadzien's Friday Girls – a group of women who meet at Elaine McFadzien's house every Friday to sew quilts for charity. The group has been meeting for more than 20 years and this is the third time they have donated quilts to Family Works. "We know they are being used in Southland and we like to give them to people who appreciate them and use them, because that's what it's all about," Elaine said.



Crowe Horwath & Focus Technology assisting with packing of food parcels

We are grateful for your support. Here's how you can help.



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Enclosed is: ☐ \$10 ☐ \$50 ☐ \$100 ☐ \$500 ☐ Other \$

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Name:

Address:

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Donation Purpose:

All donations are retained within the Southland region

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- Services for Older People
 - Buddy Programme
 - Foster Care

- ☐ **Become a Family Works Guardian Angel**

Ongoing Donations

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Bequest

- ☐ **Contact me about leaving a gift in my Will**

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